Magellan hosts plenary discussion at annual Harvest Full of Hope Conference

In October, Magellan Behavioral Health of Pennsylvania (Magellan) hosted a plenary discussion titled, "Best Practices for Staying Resilient During Your Recovery," at the annual Harvest Full of Hope Conference in Bethlehem. This plenary discussion was the keynote event for the conference.

With over 75 attendees in the audience, the one-hour event was hosted and moderated by Anita Kelly, clinical contract advisor for Magellan. With specific questions asked by audience members along with questions asked by Anita, the discussion included examples of best practices along with insightful perspectives of resiliency and recovery. In addition, the panelists provided guidance on where to find useful local resources for the audience. The panelists included various professionals that represent different areas of the systems we are all navigating in supporting a person in recovery.

Following the event, the questions that were not able to be answered in person, were organized in a document, and shared on the conference website to help members have improved access to resources. To see the full one-hour recording of the plenary session and to view the answers for the unanswered audience questions, please visit the conference website <u>here</u>.

In addition, Magellan wishes to thank the panelists for the plenary session that included:

- Cynthia Phillips, Program Manager, Danny's Ride
- Gordon Hornig, Director and co-developer of the Mobile Engage Services (MES), St Luke's Penn Foundation
- Maggie Murphy, Executive Director, NAMI Lehigh Valley Chapter
- Missy Wise, Assistant Director, United Way Training Initiatives at the United Way of the Greater Lehigh Valley (Note: Missy was unable to attend the event in person.)