



Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) invites you to attend a
FREE Virtual Training with CE Opportunities

Using Motivational Interviewing (MI) with Individuals in Precontemplation about a Mental Health (MH) Condition

This training is a skill building opportunity to help staff increase their knowledge and understanding of the value of Motivational Interviewing techniques while engaging with an individual who is in precontemplation about a mental health condition. This training series will cover applying practical Motivational Interviewing strategies targeting specific situations. Previous training in MI basics is recommended prior to attending this training, but not required. All staff and supervisors providing mental health and/or substance use disorder services, co-occurring disorder services, and acute inpatient services, including peer support providers, are welcome to attend.

Date: Tuesday, November 5, 2024

Time: 1:30 PM to 4:30 PM *(Please log in by 1:15pm)*

Location: Zoom

System

Requirements: A device with internet connection and speakers to participate in live, interactive webinar.

Cost: **Free of Charge** - Registration is required.

Registration: Please register [here](#) in advance. When completing this registration, you will be asked to complete several questions to assess your knowledge of MI prior to the training.

Note: You are not expected to know the answers to the pre-test questions! Just respond with your best guess. After registering, you will receive a confirmation email containing information about joining the meeting. ***Each individual participant must register and use the link they were sent to join the training. Sharing links will limit access.**

Presenter:

Sandra Cini, LCSW, MSW, M.Ed., CAADC, CCS, CCTP

Sandy Cini is a Pennsylvania Licensed Clinical Social Worker, Certified Advanced Alcohol and Drug Counselor, Certified Clinical Supervisor, and Certified Clinical Trauma Professional. She has been working with individuals with substance use disorders and co-occurring mental health disorders for over 25 years. For the past 24 years, Sandy has worked with individuals with Opioid Use Disorder who are utilizing medication-assisted treatment as part of their recovery journey. She is currently the Program Director of an outpatient methadone maintenance clinic in Philadelphia. Sandy served on the Service Access, Best Practices and Treatment Providers subcommittee of the Mayor's Opioid Task Force

in Philadelphia. She is also a field placement supervisor for graduate social work students and a trainer and speaker on topics related to addiction, recovery, harm reduction and treatment interventions.

Continuing Education: CE clock hours are approved for counselors, and social workers.

Target Audience: This activity is targeted for clinicians and peer support professionals who serve individuals with mental health, substance use and/or co-occurring disorders. Counselors in mental health settings and staff from all levels of care and all respective supervisors of these departments are also encouraged to attend. Additionally, this activity is targeted for intermediate skill level addiction professionals, counselors, and social workers. Opioid Centers of Excellence staff are also encouraged to attend.

Training Goal: The goal of this presentation is to help staff increase their knowledge and understanding of the value of Motivational Interviewing techniques with a person with a mental health diagnosis and/or substance use disorder and how to utilize Motivational Interviewing techniques with individuals who are in precontemplation about said mental health diagnosis and/or substance use disorder.

Learning Objectives:

At the conclusion of this training, participants will be able to:

- Identify the primary task and apply the appropriate treatment interventions when working with someone in precontemplation.
- Explain why individuals in the precontemplation stage of change are more likely to disengage from treatment.
- Discuss why individuals may not want to acknowledge or address their mental health issues.
- Identify and discuss the four components of the MI Spirit. Explain the four core processes of MI.
- Describe staff styles that can increase client resistance.
- Use OARS techniques with clients in the precontemplation stage of change.
- Differentiate sustain talk from change talk in interactions with clients.
- Describe MI traps that can lead to client disengagement.

Agenda:

1:30 P.M.-1:40 P.M.	Welcome: Introductions and Objective Review
1:40 P.M.-1:50 P.M.	Mental Health in the United States
1:50 P.M.-2:40 P.M.	Individuals Experiencing Precontemplation
2:40 P.M.- 3:20 P.M.	MI Spirit and Technique
3:20 P.M.- 4:00 P.M.	Core Skills of MI
4:00 P.M.- 4:20 P.M.	Case Review
4:20 P.M.- 4:30 PM	Questions, Answers/Adjourn

Eligible CE Clock Hours (3.0)

Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE credit for this activity, please contact your professional licensing board.

How to Obtain CE Clock Hours

To obtain CE clock hours you must attend the live webinar in its entirety and complete the course CE evaluation via a web link to be given after the conclusion of the course. Upon completing the course requirements, you will be issued a certificate. Partial attendance is not accepted. After completion of course requirements, a certificate will be issued online to download and print.

If you have questions about the course requirements or CE clock hours, contact:

Chasie Kearney, MS
Magellan Behavioral Health of Pennsylvania
E-Mail: kearneyc@magellanhealth.com

CE Approval Statements



Magellan Health, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6233. Programs that do not qualify for NBCC credit are clearly identified. Magellan Health is solely responsible for all aspects of the program.



Magellan Health, Inc. provider #91099. This course has been approved by Magellan Health as a NAADAC Approved Education Provider for educational credits. NAADAC Provider #91099, Magellan Health is responsible for all aspects of their programming.



Magellan Health, Inc. provider #1127. Magellan Health is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education Program (ACE). Approval Period: Feb. 6, 2024 to Feb. 6, 2027. Magellan Health maintains responsibility for this program and its content. Social workers should contact their regulatory board to determine course approval. Social workers will receive **3.0** continuing education clinical clock hours.

Commercial Support

Magellan Health did not receive any commercial support for this continuing education programs. If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit, and/or technical assistance, contact:

Chasie Kearney, MS

Magellan Behavioral Health of Pennsylvania
E-Mail: kearneyc@magellanhealth.com

Requesting Special Accommodations

Magellan Health will make reasonable accommodations for participants with physical, visual, or hearing impairments. To arrange appropriate access accommodations, contact:

Chasie Kearney, MS
Magellan Behavioral Health of Pennsylvania
E-Mail: kearneyc@magellanhealth.com

Complaints and Grievances

To express a complaint or grievance, contact:

Magellan/CE Administrator
E-Mail: ce@magellanhealth.com

Continuing Education Policy and FAQs

Contact Magellan/CE Administrator at ce@magellanhealth.com to request a copy of the Continuing Education Policy and FAQs.