

Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) invites you to attend a **FREE online interactive live CE webinar**:

Patient Safety Opportunities: Trauma Informed Debriefing Strategies

This webinar is a skill building opportunity to help staff increase their knowledge and understanding of reportable incidents and debriefing. The webinar will cover the following topics:

- Reportable incidents
- Opportunities identified through incident review
- Benefits to providers
- Enhancing safety through a trauma informed approach to debriefing
- Learning simple debriefing strategies
- Q&A

Date: October 19, 2022

Time: 1:00 PM to 3:00 PM Training (Please log in by 12:45 PM)

Location: Virtual - Zoom

System

Requirements: A device with internet connection and speakers

Cost: Free of Charge - Registration is required.

Registration: Please register here in advance. After registering, you will receive a confirmation

email containing information about joining the meeting.

Presented by:

Maria Brachelli-Pigeon, LMFT, CPHQ
Austin Hoffman, MSN, RN
Valerie Lees, LCSW, CCATP
John Siegler, PsyD.

Magellan Behavioral Health of Pennsylvania, Inc.

Presenters:

Maria Brachelli-Pigeon

Maria is the Quality Improvement Director for Magellan Behavioral Health of Pennsylvania. Maria joined the Magellan team in 2013, initially as part of the care management team, prior to transitioning to the leadership team the following year. Maria is a Licensed Marriage and Family Therapist who received her master's degree, and is credentialed as a Certified Healthcare Quality Profession (CPHQ) through the National Association for Healthcare Quality and a Certified Mental Health Integrative

Medicine Provider (CMHIMP) through the Mental Health Integrative Medicine Institute. Prior to her work in behavioral health, Maria served as a Personal Care Home Administrator, providing oversight to a 48-bed facility. She has extensive experience in working with the elderly, their families, and children of aging parents with multi-generational family needs. Maria received her undergraduate degree from Villanova University with a Bachelor of Arts in Psychology, with Minors in Spanish, Cognitive Science, and Writing and Rhetoric. Maria's master's degree in Clinical-Counseling Psychology is from LaSalle University, with a concentration in Marriage and Family Therapy and a focus on Addictions Counseling.

Austin Hoffman

Austin facilitates behavioral health systems changes through his work as a Clinical Quality Improvement Reviewer with Magellan Behavioral Health of Pennsylvania. His work supports Magellan's Pennsylvania network through various quality improvement activities focused on enhancing care for Medicaid members. As a master's-prepared registered nurse he has advocated and cared for individuals in adult and pediatric intensive care units while fostering his passion for quality improvement and education. Austin transitioned to the managed care environment in 2021 to facilitate systems improvement at a larger scale. Before his work at Magellan, he served in various progressive leadership, education, and quality improvement roles at Naval Medical Center Portsmouth in Portsmouth, VA. Austin holds a master's degree in nursing education from Western Governors University's Graduate School of the Health Professions and a bachelor's degree from the University of Pittsburgh's School of Nursing.

Valerie Lees

Valerie is a licensed Clinical Social Worker and a Certified Clinical Anxiety Treatment Professional, and she has been a Care Manager at Magellan Behavioral Health of Pennsylvania for 19 years. She works with Magellan providers in care coordination and planning to assure optimal outcomes for Magellan members. Valerie received her bachelor's degree from Drexel University and her master's degree from Columbia University. Valerie is a Licensed Clinical Social Worker in the states of Pennsylvania and Virginia.

John Siegler

Dr. Siegler is a licensed psychologist with over 25 years of clinical, supervisory, and management experience in acute in-patient, psychiatric residential, intensive home-based, school-based, and outpatient treatment settings. He has extensive experience providing comprehensive psychological evaluation services (biopsychosocial diagnostic assessments, psycho-educational assessments, and specialized evaluations) for children and adolescents, and individual and family therapy services. Dr. Siegler also provides forensic consultation services to individuals in Bucks and Philadelphia Counties, and the Commonwealth Probation and Parole Board. He has provided staff training to behavioral health providers on a variety of topics related to clinical excellence and clinical accountability. Dr. Siegler previously served as the Director of PA Services at First Children Services in Montgomery County, Clinical Director of the Child's Outreach Services Program at Resources for Human Development in Philadelphia, and as a Clinical Director of Children's Behavioral Health Services at the Devereux Foundation. Dr. Siegler earned his Doctor of Psychology in Clinical Psychology from Chestnut



Hill College in Philadelphia with a specialization in psychological assessment. He also earned a Master of Science in Counseling Psychology & Human Services with a specialization in marital & family therapy from Chestnut Hill College.

Presenters' Disclosure: Maria Brachelli-Pigeon, LMFT, CPHQ, Austin Hoffman, MSN, RN, Valerie Lees, LCSW, CCATP, and John Siegler, PsyD. have no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest.

Target Audience: This activity is targeted for all HealthChoices providers from all levels of care. Clinical and non-clinical staff, supervisors, and administrators are encouraged to attend.

Training Goal: The goal of this presentation is to help staff enhance their knowledge and skills regarding reportable incidents and trauma informed debriefing practices.

Learning Objectives:

Upon completion of this training, learners will be able to:

- 1. Classify the categories of reportable incidents per state regulatory requirements.
- 2. Illustrate understanding of the importance of reporting.
- 3. Define and describe the debriefing process.
- 4. Summarize the value of maintaining a trauma-informed approach to debriefing for incident management.
- 5. Differentiate between trauma-informed and healing-centered approaches to debriefing.
- 6. Explain the impact of the 3 E's.
- 7. Illustrate the importance of rapport development and management in debriefing.
- 8. Describe the utilization good judgment during debriefing to support reflective practice.
- 9. Distinguish the competencies of rapport management.
- 10. Explain debriefing best practices that apply to incidents in 24/7 levels of care.

Course Outline:

- Welcome & housekeeping
- Understanding reportable incidents and sentinel events
- Opportunities identified through incident review: debriefing
- Common challenges encountered during debriefing
- > Debriefing through a trauma lens
- Debriefing best practices
- Questions and discussion

Eligible CE Clock Hours (2)

Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE credit for this activity, please contact your professional licensing board. Please note that discussion questions will be embedded within the course content and will act as an alternative to a post-test. All participants are encouraged to contribute to these discussions.



How to Obtain CE Clock Hours

To obtain CE clock hours you must attend the live webinar in its entirety and complete the course CE evaluation via a web link to be given after the conclusion of the course. Upon completing the course requirements, you will be issued a certificate. Partial attendance is not accepted. After completion of course requirements, a certificate will be issued via online to download or print.

If you have questions about the course requirements or CE clock hours, contact: Leah Chapman, LPC, NCC Magellan Behavioral Health of Pennsylvania 105 Terry Drive, Suite 103 Newtown, PA 18940

E-Mail: <u>LChapman1@magellanhealth.com</u>

Commercial Support

Magellan Health did not receive any commercial support for this continuing education programs. If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit, and/or technical assistance, contact:

Leah Chapman, LPC, NCC
Magellan Behavioral Health of Pennsylvania
E-Mail: Lchapman1@magellanhealth.com

Requesting Special Accommodations

Magellan Health will make reasonable accommodations for participants with physical, visual, or hearing impairments. To arrange appropriate access accommodations, contact:

Leah Chapman, LPC, NCC

Magellan Behavioral Health of Pennsylvania E-Mail: Lchapman1@magellanhealth.com

Complaints and Grievances

To express a complaint or grievance, contact: Magellan/CE Administrator 8621 Robert Fulton Drive Columbia, Maryland 21046

Fax: 410-953-5218 Phone: 410-953-4707

E-Mail: ce@magellanhealth.com

Continuing Education Policy and FAQS

Contact Magellan/CE Administrator at <u>ce@magellanhealth.com</u> to request a copy of the Continuing Education Policy and FAQs.

