

# Wednesday, May 4th @ 5:30pm

5:30pm - Meet and Greet, Resources & Food + Film Starts at 6pm

# MY ASCENSION

*A Documentary Film and Movement to Spread Hope and Fight Suicide*

## Suicide Prevention and Mental Health Awareness Event

### Temple University Ambler Campus

580 Meetinghouse Road, Ambler, PA 19002

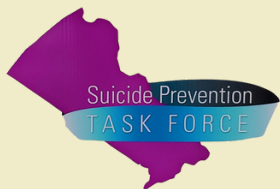


[www.MYASCENSION.us](http://www.MYASCENSION.us)

A suicide attempt left 16-year-old varsity cheerleader Emma Benoit paralyzed, but propelled her on a mission to use her painful experience to help others find hope and stay alive.

90 Minute film screening followed by an important discussion on youth mental wellness. Resources will be provided.

*Speakers include: Emma Benoit, filmmaker Greg Dicharry, local mental health advocates and students.*



**Free Event! Registration Required**

**<https://myascensionambler.eventbrite.com>**

For more information contact: Joshua Smith - jrsmith@buckscounty.org

