



# MY ASCENSION

*A film to spread hope and fight suicide*



**“ A must watch for parents of teens and anyone working with teens. ”**

*Candice Feinberg, PSY.D, ROWI Teen & Family Wellness Center*

## **Youth Suicide Prevention Event**

### **Stroudsburg High School Auditorium**

1100 West Main Street, Stroudsburg, PA 18360

**Thursday, May 5th, 5:30 - 8:30 p.m.**

*5:30 p.m. meet and greet with Emma Benoit and resource tables. Movie starts at 6pm.*

**THE FILM:** A suicide attempt left 16-year-old varsity cheerleader, Emma Benoit, paralyzed, but propelled her on a mission to use her painful experience to **help others find hope and stay alive.**

**MY ASCENSION** is a feature length documentary that chronicles Emma's inspiring journey and quest to walk again and also highlights the stories of two remarkable young people who tragically did not survive their attempts. We learn first-hand from their families, friends, school officials and suicide prevention experts about the devastating effects of suicide and **what can be done to prevent it.**

**The 90 minute film screening will be followed by an important dialogue related to youth suicide prevention.**

**Speakers include: Emma Benoit, filmmaker Greg Dicharry, local mental health advocates and students.**

**Register for this Free Event**

<https://ascensionmonroe.eventbrite.com>



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