



Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) invites you to attend a  
**FREE Virtual Training with CE Opportunities**

**MOTIVATIONAL INTERVIEWING IN SUBSTANCE USE DISORDER TREATMENT:  
WORKING WITH SOMEONE IN THE PRECONTEMPLATION STAGE**

This workshop is a skill building opportunity to help staff increase their knowledge, ability and understanding of the value of implementing Motivational Interviewing with individuals in the precontemplation stage of change. This training event will cover practical Motivational Interviewing strategies. Previous training in MI basics is recommended prior to attending this training. All staff and supervisors providing substance use disorder services, co-occurring disorder services, and acute inpatient services are welcome to attend.

**Date:** Thursday, April 28, 2022

**Time:** 1:30 PM to 4:30 PM (*Please log in by 1:15pm*)

**Location:** Zoom

**System**

**Requirements:** A device with internet connection and speakers to participate in live, interactive webinar.

**Cost:** **Free of Charge** - Registration is required.

**Registration:** Please register [here](#) in advance. When completing this registration, you will be asked to complete several questions to assess your knowledge of MI prior to the training. After registering, you will receive a confirmation email containing information about joining the meeting. **\*Each individual participant must register and use the link they were sent to join the training. Sharing of links will limit access.**

**Presenter:**

**Sandra Cini, LCSW, CCS, CAADC**

Sandy Cini is a Pennsylvania Licensed Clinical Social Worker, Certified Advanced Alcohol and Drug Counselor, and Certified Clinical Supervisor. She has been working with individuals with substance use disorders and co-occurring mental health disorders for over 25 years. For the past 22 years, Sandy has worked with individuals with Opioid Use Disorder who are utilizing medication-assisted treatment as part of their recovery journey. She is currently the Program Director of an outpatient methadone maintenance clinic in Philadelphia. Sandy served on the Service Access, Best Practices and Treatment Providers subcommittee of the Mayor's Opioid Task Force in Philadelphia. She is also a field placement supervisor for graduate social work students and a trainer and speaker on topics related to addiction, recovery, harm reduction and treatment interventions.

**Presenters' Disclosure:** Sandra Cini, MSW, M.Ed., LCSW, CCS, CAADC has no relevant financial relationship commercial interest that could be reasonably construed as a conflict of interest.

**Continuing Education:** CE clock hours are approved for counselors, social workers, and professionals certified by the Pennsylvania Certification Board.

**Target Audience:** This activity is targeted for Substance Use and Co-occurring Assessment workers. Counselors and staff from all levels of care and all respective supervisors of these departments are also encouraged to attend. Additionally, this activity is targeted for intermediate skill level addiction professionals, counselors, and social workers. Opioid Centers of Excellence staff are also encouraged to attend.

**Training Goal:** The goal of this presentation is to provide increased understanding of interventions for utilizing Motivational Interviewing with individuals who present with substance use disorders and serious mental illnesses in the precontemplation stage of change.

### **Learning Objectives:**

At the conclusion of the training, participants will be able to:

- Identify characteristics of a client in the precontemplation stage of change
- Discuss why a person may not be ready to stop using drugs/alcohol
- Identify the 5 Rs that contribute to a client not thinking about changing
- Identify at least 4 motivational treatment strategies that can be used when working with a client who is in the precontemplation stage of change
- Discuss the 4 elements that make up the spirit of Motivational Interviewing (MI)
- Identify 4 counselor styles that can increase client resistance
- Identify at least 3 MI traps that can contribute to client disengagement
- Identify the 4 general processes of MI
- Discuss how to use the core skills of MI with a client in the precontemplation stage

### **Course Outline:**

- Historical perspectives on addiction and substance use
- Motivation and behavior change
- Stages of Change (with Primary Task)
- Working specifically with someone in Pre-contemplation Stage
  - Styles of Expression in Precontemplation (the 5 Rs)
  - What is the task for this stage?
  - Treatment strategies for this stage
  - How to utilize MI
- Motivational Interviewing (MI)
  - The Spirit of MI (4 elements)
  - Four General Principles of MI (original version)
  - Four General Processes of MI (updated version)
  - Techniques of MI – OARS
- Case Discussion
- Case Examples
- Application for Practice

### **Eligible CE Clock Hours (3.0)**

Upon request, all other health care professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE credit for this activity, please contact your professional licensing board.

### **How to Obtain CE Clock Hours**

To obtain CE clock hours you must attend the live webinar in its entirety and complete the course CE evaluation via a web link to be given after the conclusion of the course. Upon completing the course requirements, you will be issued a certificate. Partial attendance is not accepted. After completion of course requirements, a certificate will be issued via online to download and print.

If you have questions about the course requirements or CE clock hours, contact:

Melissa Engelhardt, PMP, LPC  
Magellan Behavioral Health of Pennsylvania  
E-Mail: [MAEngelhardt@magellanhealth.com](mailto:MAEngelhardt@magellanhealth.com)

### **CE Approval Statements**

Magellan Health, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6233. Programs that do not qualify for NBCC credit are clearly identified. Magellan Health is solely responsible for all aspects of the program.

Magellan Health, Inc. provider #91099. This course has been approved by Magellan Health as a NAADAC Approved Education Provider for educational credits. NAADAC Provider #91099, Magellan Health is responsible for all aspects of their programming.

Magellan Health, Inc. provider #1127. Magellan Health is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education Program (ACE). Approval Period: Feb. 6, 2021 to Feb. 6, 2023. Magellan Health maintains responsibility for this program and its content. Social workers should contact their regulatory board to determine course approval. Social workers will receive **3** continuing education clinical clock hours.

Magellan Health, Inc. is a Pennsylvania Certification Board Approved Education Provider. PCB Provider Status Agreement #634. This training has been approved by PCB for 3 credit hours.

### **Commercial Support**

Magellan Health did not receive any commercial support for this continuing education programs. If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit, and/or technical assistance, contact:

Melissa Engelhardt, PMP, LPC  
Magellan Behavioral Health of Pennsylvania  
E-Mail: [MAEngelhardt@magellanhealth.com](mailto:MAEngelhardt@magellanhealth.com)

### **Requesting Special Accommodations**

Magellan Health will make reasonable accommodations for participants with physical, visual, or hearing

impairments. To arrange appropriate access accommodations, contact:

Melissa Engelhardt, PMP, LPC  
Magellan Behavioral Health of Pennsylvania  
E-Mail: [MAEngelhardt@magellanhealth.com](mailto:MAEngelhardt@magellanhealth.com)

### **Complaints and Grievances**

To express a complaint or grievance, contact:

Magellan/CE Administrator  
E-Mail: [ce@magellanhealth.com](mailto:ce@magellanhealth.com)

### **Continuing Education Policy and FAQs**

Contact Magellan/CE Administrator at [ce@magellanhealth.com](mailto:ce@magellanhealth.com) to request a copy of the Continuing Education Policy and FAQs.