



3rd annual Montgomery County Wellness Fair on Oct. 21 at the Plymouth Meeting Mall to offer free screenings and education

Magellan Behavioral Health of Pennsylvania, Inc. (Magellan) will host the 3rd annual Montgomery County Wellness Fair on Saturday, Oct. 21 from 10 a.m. to 1 p.m. in collaboration with the Montgomery County offices of Managed Care Solutions, Drug & Alcohol and Mental Health/Developmental Disabilities.

Key facts about the 3rd annual Montgomery County Wellness Fair

- This free event is open to all residents of Montgomery County.
- Families are encouraged to attend and participate in fitness demonstrations, games, arts & crafts and face painting.
- The event will offer an **increased amount of free health screenings** to provide a convenient option for those requiring some or all of the following screenings:
 - Blood pressure screening
 - BMI screening
 - Bone health screening
 - Cholesterol screening
 - Diabetes screening
 - Flu shots (While supplies last and with your insurance card)
 - Mental health screening
- The event will be held inside of the Plymouth Meeting Mall (500 West Germantown Pike, Plymouth Meeting, PA) within the Mall's common area.
- The event will have over 80 exhibitors.
- Tobacco dependence information, nutritional information and other community resources will be available.
- Many of the exhibitors will offer giveaways and other educational items for all ages.

“We are thrilled to be offering our 3rd Annual Wellness Fair in partnership with Magellan,” said LeeAnn Moyer, managed care solutions administrator for the Montgomery County Department of Health and Human Services. “We will have more than 80 exhibitors offering information, resources and some health screenings. It will be a day of fun while promoting healthy lifestyles.”

“Promoting healthy lifestyles and the importance of the integration of behavioral health and primary care providers to serve our members are two of our core principles,” said Jim Leonard, vice president and general manager of Magellan Behavioral Health of Pennsylvania. “This Wellness Fair is a great opportunity for the residents of Montgomery County to come to a convenient location to learn more about these principles and gain a great awareness of the comprehensive amount of services available. In addition, we hope everyone comes for their flu shot and possibly a few of the other important screenings.”

The event is accessible to public bus transportation via Southeastern Pennsylvania Transportation Authority (SEPTA) with route schedules available at www.septa.org, and free parking is available at the Plymouth Meeting Mall.

The Montgomery County Department of Health & Human Services collaboratively provides an accessible network of resources that fosters, supports, and enhances the health and well-being of Montgomery County residents. These program offices include: Community Connections, Aging & Adult Services, Children & Youth, Health, Mental Health, Developmental Disabilities, Early Intervention, Child Care Information, Drug & Alcohol, Housing and Community Development and Veterans Affairs.

The Office of Managed Care Solutions manages the HealthChoices Program in collaboration with Magellan and the program offices within the Health and Human Services Department.

The Office of Drug and Alcohol Programs is committed to the prevention and treatment of substance abuse problems in Montgomery County. Services are delivered in partnership with qualified providers, and are guided by a philosophy that embraces hope, respect, and support for recovery. For more information, <http://www.montcopa.org/1339/Drug-Alcohol>

The Office of Mental Health/Developmental Disabilities strives to enrich the lives of people in a positive way, through a unique partnership with the community that ensures quality services. A variety of services are available to individuals who have been determined eligible through assessment and evaluation. For more information, visit <http://www.montcopa.org/150/Behavioral-HealthDevelopmental-Disabilit>