



# Peer Support and Peer Specialists

Tim Connors, Sue Stumm. Shawn Carroll

Magellan Town Hall Breakout Session



# Introduction

- Please say your name and your affiliation
- Would you rather – an icebreaker

# Peer Support Exists Naturally

- How people help each other
  - Peers
  - Peer Support
  - Mutual Aid
- Philosophy: Lived experience to help others recover by listening to individuals in crisis. Open and accepting and not stigmatizing.

# What are Certified Peer Specialists?

- Why is paid peer support necessary?
- What are the PA state eligibility requirements?
- How does the training work?
- How is attending the trainings funded?
- Continuing education credits (18) - 12 specific to peer support topics
- CPS ongoing trainings – What are some of the areas?

# Examples of Peer Support and Recovery

- How is peer support a tool to help aid recovery?
- Self help examples: 12 step program
- What are other peer support tools?
- What are some recovery/CPS trainings for recovery?

# What are Certified Recovery Specialists

- What are Certified Recovery Specialists?
- How does this differ from 12 step programs?
- What are PA State eligibility requirements?
- How much does the training cost and what is the funding?
- PRO A and PRO ACT (Training providers)

# Peer Services within the Behavioral Health System

- Delivery of service to help recovery in Behavioral Health System
- CRS vs CPS - differences and similarities
- Significant differences in trainings - Cost associated with training for CPS is \$1200 and for CRS is \$200

## Peer Services Landscape in PA:

- Contracted providers in all 5 counties covered by Magellan
- Updated bulletin/guide for ages 14-18 TAY added to service
- Specified training for CPS (veterans, forensic, older adults, TAY)



# Restrictions on Magellan Funding of Peer Services

- Can't double bill the same peer service type (CRS/CPS allowed)
- Different rolls within the system that may fall out of MA reimbursement
- Peer services imbedded within some existing services (AIP, ACT, EAC, community Services, Respite & MH ASP peer and family run programs)

# Supervision of Peer Workers

- What is One to One Supervision?
- How often are team meetings held?
- When to report to management?
- Traditional supervision tasks, such as time sheets, attendance, hiring/performance, and resolving work challenges

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HEALTHY, VIBRANT LIVES ”