Best Practices in Addiction Treatment
Navigating the Road to Recovery: Pain Management, Drug Trends, Medication Assisted Treatment

Individuals and families in Pennsylvania are heavily impacted by the national opioid crisis, resulting in an unprecedented number of accidental overdose deaths. This crisis does not discriminate against populations and can affect anyone in our society. The goal of this one-day conference is to provide information, tools and skills that can be used to help individuals and families dealing with this crisis.

**Date:** September 20, 2017

**Time:** 8:30 a.m. Registration, 9 a.m. to 3:30 p.m. Conference

**Location:** Valley Forge Casino Resort
1160 First Avenue, King of Prussia, PA 19406

**Cost:** Free of charge; but, registration is required. Continental breakfast and lunch will be served.

**Registration:** To register for this conference, please access the following Survey Monkey link:

[https://www.surveymonkey.com/r/BESTPRACADDICTRTMT09202017](https://www.surveymonkey.com/r/BESTPRACADDICTRTMT09202017)

Please note that capacity is limited and registration is REQUIRED. Please register early.

**CE Target Audience:**
This activity is targeted for advanced skill levels and is intended for clinical staff, social workers, counselors, psychologists, and addiction professionals. The counselor skill group for addiction professionals is case management.

Others who should attend include behavioral health providers (both mental health and substance use), case managers, peer specialists, psychiatrists, primary care physicians, medical specialists, dentists, community partners, system partners (Aging, Criminal Justice, Children and Youth), and anyone who is interested in learning more about these three specific topics related to addiction treatment.

In addition to our main presenters, there will be a lunch panel discussing the Prescription Drug Monitoring Program (PDMP), County Prevention Activities and the Opioid Use Disorder Centers of Excellence. The conclusion of the event will include a presentation by Jason Snyder, Special Assistant to the Secretary, Department of Human Services, who will speak about his family’s personal experience with opiate addiction.
Conference Presenters:

Dr. Seddon Savage:  
Dr. Seddon Savage is a clinician, educator and advocate in the fields of addiction medicine and pain medicine. A board certified anesthesiologist, she was certified in addiction medicine by the American Society of Addiction Medicine (ASAM) in 1990 and is an elected fellow of ASAM. She earned a certificate of added qualifications (CAQ) in pain medicine from the American Board of Anesthesiology in 1992 and was certified in pain medication by the American Academy of Pain Medicine in 1996. She is Medical Director of the Chronic Pain and Recovery Center at Silver Hill Hospital in Connecticut and serves as an advisor to the Dartmouth-Hitchcock Health System on substance and pain related education and practice improvement.

Course Goal: The goal of this presentation is to have attendees identify, address or implement diverse biopsychosocial variables that contribute to the experience of pain in individual patients, contributors to opioid and other substance misuse in the context of pain treatment, and safe and effective treatment strategies for co-occurring and opioid misuse.

Learning Objectives:  
- Describe the basic neuropsychobiology of pain  
- Identify multidimensional contributors to the experience of pain in patients with acute and chronic pain  
- Describe multimodal approaches to pain management  
- Summarize best practices in the use of opioids in treatment of acute and chronic pain  
- Recognize types of misuse of opioids in the context of pain management  
- Describe options for management of opioid use disorder in the context of pain treatment  
- Describe options for management of acute pain in patients on medication assisted treatment for opioid addiction

Disclosure:  
- No commercial relationships to disclose  
- No off label discussion of medications

Course Outline:  
- Neuropsychobiology and experience of pain  
- Non-opioid tools for pain treatment  
- Role of self-care in pain management  
- Best practice in opioid therapy of pain  
- Interfaces of pain and opioid misuse  
- Management of co-occurring pain and opioid misuse

Dr. Michael Frost:  
Dr. Michael Frost is a nationally recognized specialist in the field of addiction medicine. Board Certified in both addiction medicine and internal medicine, he is also a fellow of The American Society of Addiction Medicine as well as The American College of Physicians. He is the President and Medical Director of The Frost Medical Group, LLC in Conshohocken, PA and currently serves as Medical Advisor for Sunspire Health, a network of addiction treatment facilities with locations throughout the U.S. He is actively involved in clinical
research and new treatment development and has provided guidance to the FDA, Centers for Medicare/Medicaid and Health Canada.

**Course Goal:**
The goal of this presentation is to examine current drug trends and treatment changes as they relate to the current national opioid epidemic. It will focus on how the current epidemic has developed, the role of “designer” opioids, issues of medication diversion and other challenges posed by marijuana legalization.

**Learning Objectives:**
- Review current trends involving drugs of abuse
- Review development of the current opioid addiction epidemic
- Discuss the role of “designer” opioids in overdose deaths
- Discuss issues regarding medication diversion
- Review implications of marijuana legalization
- Describe naloxone co-prescribing
- Analyze and predict future trends

**Disclosure:**
- Consultant/researcher for Braeburn Pharmaceuticals
- Speaker bureau for Indivior Pharmaceuticals
- Speaker/consultant for BioDelivery Sciences and a consultant with Knight Therapeutics.

**Course Outline:**
- The opioid epidemic and opioid trends
- Fentanyl
- Benzodiazepines
- Methamphetamines
- Implications of Marijuana Legalization
- Medication Diversion
- Naloxone
- Efforts to Address the Trends

**Dr. Margaret Jarvis:**
Margaret Jarvis, MD has been the Medical Director of Geisinger Marworth since 1999. She is board certified in Psychiatry with Additional Qualification in Addiction Psychiatry. She is certified by the American Board of Addiction Medicine, and has worked extensively throughout her career with the American Society of Addiction Medicine, where she currently serves as the Vice President of the Board, and is the chair of the Quality Improvement Council.

**Course Goal:**
The goal of this presentation is to provide participants with information about addictions and how medication assisted treatment can be used as an evidence based practice in addiction treatment.
Learning Objectives:
- Discuss the current state of Medication Assisted Treatment
- Explain the strengths and weaknesses of each of the medications used for MAT for opioid use disorder
- Describe the changing landscape of support and opinion around MAT
- Consider MAT as a comprehensive addiction treatment

Disclosure:
- Geisinger Health System: Salary
- American Society of Addiction Medicine: Travel
- American Board of Preventive Medicine: Travel
- U.S. Preventive Health, Inc.: Dividends

Course Outline:
- Planned ASAM Changes
- Medications for Opiate Use Treatment
- Which Medication to use and for How Long
- Psychosocial treatment in Conjunction with Medications
- Naloxone for Opioid Overdose
- Buprenorphine MAT
- Quality Treatment
- Use of Drug Screens
- Diversion Controls
- Medications for Alcohol Use Disorder
- Medications for Tobacco Use Disorder
- Study: The Role of Integrated Care Management in Improving Compliance with ER-Naltrexone

PCB Credits:
4.5 PCB credits are offered through Bucks County for this conference. To obtain PCB credits, you must attend the course in its entirety. Questions regarding PCB credits should be directed to Peg McCloskey at mcmccloskey@buckscounty.org.

Eligible CE Clock Hours: 4.5
Upon request, all other healthcare professionals completing this event will be issued a certificate of participation. For information on applicability and acceptance of CE credit for this activity, please contact your professional licensing board.

How to Obtain CE Clock Hours:
To obtain CE Clock Hours you must attend the course in its entirety; complete the course evaluation via survey link that you will receive at the completion of the event. Upon completing of the course requirements, you will be issued a certificate.
If you have questions about the course requirements or CE clock hours, contact:

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**CE Approval Statements:**  
Magellan Health, Inc. has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6233. Programs that do not qualify for NBCC credit are clearly identified. Magellan Health is solely responsible for all aspects of the program.

Magellan Health, Inc. provider #91099. This course has been approved by Magellan Health as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #91099, Magellan Health is responsible for all aspects of their programming.

Magellan Health, Inc. provider #1127. Magellan Health is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education Program (ACE). Approval Period: Feb. 6, 2015 to Feb. 6, 2018. Magellan Health maintains responsibility for this program and its content. Social workers should contact their regulatory board to determine course approval. Social workers will receive 4.5 continuing education clinical clock hours.

Magellan Health, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. Magellan Health maintains responsibility for this program and its content.

**Commercial Support:**  
Magellan Health did not receive any commercial support for this continuing education program. If you have questions or would like additional information regarding the content or level of this activity, the speaker's potential or known conflicts of interest, activities not offered for CE credit, and/or technical assistance, contact:

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Magellan Health will make reasonable accommodations for participants with physical, visual, or hearing impairments. To arrange appropriate access accommodations, contact:

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Continuing Education Policy and FAQs
Contact Magellan/CE Administrator at CE@MagellanHealth.com to request a copy of the Continuing Education Policy and FAQs.

Magellan is solely responsible for the CE content and activities.

Please contact Sheri Rubin at slrubin@magellanhealth.com with questions.

Our conference sponsors are:

Bucks County Department of Behavioral Health and the Drug and Alcohol Commission, Inc.
Delaware County Office of Behavioral Health and Division of Drug and Alcohol
Montgomery County Department of Health and Human Services,
Office of Drug and Alcohol and Office of Managed Care Solutions
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Please join us!