



Maria Brachelli-Pigeon, Magellan employee and motivational leader

Maria Brachelli-Pigeon, LMFT is a motivational leader amongst her peers by creating positivity through her organizational wellness initiative efforts and the team spirit activities she promotes. She has been a member of Magellan's clinical team for four years holding increasing levels of responsibility, and currently she leads the Children's Intensive Treatment Team as manager of clinical care services with her primary office at Magellan's Care Management Center in Newtown, PA. Her responsibilities include significant interactions with system partners that requires skilled collaboration within her department to manage their daily requests.

Maria believes in a strong organizational culture and she puts this belief into action by leading the annual *Waist Management Program* for employees. This is an internal employee initiative held annually from April to June to encourage good wellness habits and exercise amongst the entire organization, themed 'Growing Stronger Together.' As the champion of this effort, she organizes weekly motivational messages from the clinical team, social media posts, contests/awards, 10-minute walks, sharing of recipes and even some quick yoga to get a short bit of exercise.

On July 6, the Children's Intensive Treatment Team, under Maria's community outreach efforts, will use their Volunteer Time-Off (VTO) 8-hour allotment provided by Magellan to support the local Big Brother/Big Sister organization. The team plans to paint their service location to offer help for this worthwhile organization in the community. Having a day together as a team outside of the office will certainly continue to enforce the collaborative approach expected of each employee.

Maria's leadership of these efforts is contagious to all involved.